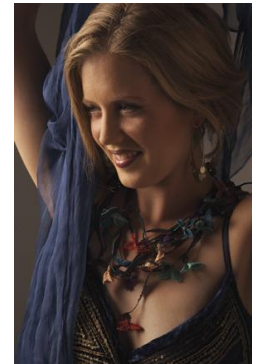


The Heart of Nature, Healing & Creativity

A Journey to Siberia for the teachings of Indigenous Shaman and Healer Tatiana Kobezhikova

Led by Master Drummer - Barbara Borden & Vocalist - Lucia Comnes



SUMMER 2012 | July 9-21

This is a rare opportunity for Americans to journey to a remote part of the world, engage in life-changing experiences in exquisitely beautiful natural settings, and dive into creative practices in healing, music and the elemental world of nature. Together we will explore themes including:

- *What does it mean to connect to the heart of nature and how do we do so?*
- *How do we access the place where creativity, spontaneity and healing arise effortlessly?*
- *How do drumming, chanting and vocalizing open the door to altered states of being?*
- *What transforms when we commit to the shamanic practices of our master indigenous guide?*

Tatiana Kobezhikova is a hereditary shaman indigenous to Khakassia - a Republic of Russia in South Central Siberia. Born into a long family lineage of shamans, gifted since childhood and with 30 years of practice, she is one of the most renowned and respected healers in Russia today. She brings people from around the world to Khakassia and takes them to sacred sites in the pristine wilderness of the Siberian Steppe - kurgans, ancient observatories, caves and petroglyphs. She provides interpretation to help people connect with the energies of the earth, develop personal growth practices and deepen their ecological awareness. All this is accomplished in a safe, supportive and authentic setting.

In addition to Tatiana's teachings, **Barbara Borden** will be teaching drumming focused on healing, inner journey and shamanic modalities. **Lucia Comnes** will be facilitating voice work including chanting, vocalizing and power songs.

LEARN MORE - Friday, August 26, 2011 at 7:30 pm

At the home of Barbara Borden & Naomi Newman in Mill Valley

CALL or EMAIL TO RESERVE YOUR SPACE: 415-888-3191 | barbara@bbbeat.com

More info online at: kobezhikova.ru | bbbeat.com | luciacomnes.com